

ILKLEY Committee Meeting HARRIERS Minutes **Minutes**

Date: November 1st 2011 Present: Paul Wood, Emma O'Looney, Malcolm Pickering, Eddie Winslow, Clare Smith, Abigail Bailey, Paul Sugden, Matthew Rutter, Paul Stephens.			
Item		Action	
1	Minutes of Meeting October 11th. Agreed		
2	Matters Arising		
	i) Sport Relief mile – 23 rd March. Emma O'L and Jacqui Weston to organise. There are no other local Sport Relief events planned.	EO'L	
	ii) WAG meeting to be held 21st Nov. – to discuss alternative funding sources. Abigail and Matthew offered to attend. Paul W to send them details	PW	
	iii) Annual Awards event. Paul W to brief Abigail on club requirements.	PW/AB	
3	Running the Club		
	1. Harrier of the Month - October. 3 Nominations received:		
	• Martin Wright for his 5 marathons in 5 weeks		
	Mark Mon-Williams for his assistance to an injured runner in the Langdale fell race		
	• Norman Bush for recent fell result including 1st V70 at Great Whernside. The <u>HoM</u> awards went to Martin Wright and Mark Mon-Williams	AB	
	2. Matters arising from reports – Reports attached. No matters arising.		
	3. Harriers Races i) Agreed to pay club entries at relays 13 th November		
	 4. Other Races: i) 4 teams entered for the GWF relays. Dave Wilby sorting men's team, Alison Eagle, Women's, and Abigail 2 mixed teams. ii) 1 team to be entered in Pennine Bridleway relay – the day after the Rombalds Stride. ClareSmith to engender interest. 	CS	

5. London Marathon Places

There were 7 people who met the criteria. 5 were drawn as follows:

- Brenda Ogden
- Neil Chapman
- Rebecca Moore
- Alison Stretton
- Simon Darley

The other 2 were drawn as reserves:

- Rob Cunningham
- Renia Richardson

There were 3 others who had requested places, and they are 8^{th} , 9^{th} and 10^{th} reserves:

- Martin Wright
- Michael Picken
- Abigail Bailey

Paul St to distribute application forms

P St

AB

4 **Developing the Club.**

i) **Communications.** Matthew reported on his investigation of other club's use of different communication channels. He felt Ilkley Rugby Club and its web-site and use of Facebook was worth looking at. He felt a key principle was not mixing social activity with factual information. It would also be useful to consolidate as too many channels was confusing – eg did we need both the forums and facebook? Could they be combined in some way? The discussion focussed on the potential of facebook and whether more people would use it. Matthew agreed to do an article for the newsletter about facebook.

MR

Issues around Tuesday runs were also discussed and it was felt use of the web to map runs and give a better indication of length and pace would be useful. A 'run library' was proposed. This would be started with 2 or 3 runs posted.

- ii) Olympic year activities. To be considered at the December meeting
- iii) AGM matters arising.
 - Forum identities: IH forum contributers have always been asked to make their identity clear, and the Committee noted that where their forum username is unclear people do clarify their identity where needed. The Committee felt no further action was needed.
 - Transition for younger runners: There had been an article by Neil C in the last newsletter outlining the options available. Transition arrangements for younger runners have been in place some time, and currently we have Malcolm's Tuesday early evening group, Neil's Tuesday evening group, and Rachel's circuit training. The Club is doing as much as we can with the number of qualified coaches we have

	Links to Airienteers. An article was planned for the next newsletter.	
AOB	 i) Jann Smith has unfortunately had to resign due to work commitments. ii) Newsletter delivery costs: It was noted that as many newsletters were collected or delivered by friends. It was agreed that where local delivery was needed, a rate of 25p per newsletter would be paid. iii) It was agreed that the newsletter was a fundamental part of IH communications but it was agreed that a newsletter opt-out would be considered prior to next year's membership renewal. iv) It was agreed that the club would still pay entry fees for Championship XC races. It was also agreed that where IH teams were travelling to relays a mileage charge would be considered where that was more economic than hiring a coach, with each case judged on its merits v) New signatories were required for the club bank account. Paul Stephens and Clare Smith offered to undertake this. This was agreed. 	
TDP	November 1st 8.40pm ILTSC	

REPORTS

Chairman

It's only a few weeks since our last meeting, so not too much to report that is not covered by the Captains.

Neil and I decided that we had to split the 'November weekend of races' as there was a serious clash on Sat 12th between the proposed 5 mile race and the Primary Schools XC, with congestion and road safety issues, so the 5M race is now on 26th.

Also on the race organisation front it now looks like we have some volunteers to organise the Sport relief Mile on 25th March.

Relays need attention, as always: entries for the Pennine Bridleway Relay are open, so we need a 'strategy' for that, and we need to push on with the GWF Relay teams (4 teams now?)

We have kicked off the social side of the winter season successfully with a 'gathering' and several pub meetings, and lots more arranged.

A bumper newsletter should be in everyone's hands by now, with the membership renewal forms inside.

At and after the meeting I am keen to press on with the 'Development Plan' ideas we have floated, and we also need to start considering January's Presentation Evening (venue bookings for events like this need to be made well in advance).

Men's Fell

Since the last meeting, we had a very successful relay outing at Kettlewell for the UKA Fell & Hill Running Relays (or the FRA's as they are known!). The men's team finished 20th and we also successfully completed a Vets team, everyone had a great day out helped by having the club tent up which produced a great club atmosphere. In the big mountain marathon of the year, the OMM, Hector Haines & Jack Wood excelled as they finished 7th in the Elite category, and we also had Peter Haines, Mark Mon-Williams & Stuart Pitches picking up prizes in differing classes & categories, a great effort by all. The Yorkshire Champs @ Great Whernside was well attended with Nick Pearce & Norman Bush in the medals for their respective age-groups, and the next day saw a good turnout at Bronte Way.

All in all, the men's scene looks to be in reasonably good shape as we get towards the end of the season, with good attendances at some of the more local races. Hopefully this will carry over to some of the bigger races which are further afield next year.

Ladies Fell Report

We fielded two ladies teams at the FRA relays in Kettlewell on the 15th October and these finished 5th and 17th out of 47 ladies teams (84th and 121st out of 182 total teams) so good results, especially since there were several last-minute team changes due to injury etc. Unfortunately, there wasn't a ladies vet category, so the LV40 team was competing against the male/mixed vets teams.

After Langdale fell race was taken into account, the results of the 2011

Lakeland Classics Trophy were published this month. I was 15th lady in the L/LV40 category. No other harriers completed 3 qualifying races this year. We will encourage participation in 2012.

There was an excellent turnout of ladies at Withens last week, and the team was only just beaten into 2nd place.

A social gathering at the Ilkley Vaults proved successful, with discussion about next years' fell relays and championship events.

5 Ilkley ladies took part in the Yorkshire Championship race at Great Whernside on the 29th Oct. There would probably have been a bigger turnout had the date not clashed with the Complete Runner XC. We are awaiting results of that race and also from the OMM which is taking place in Scotland this weekend. Nicky J. and Joyce Marshall are competing as a team, as well as Chloe Haines who is partnering her dad Peter, and Kelly H. who is taking part with a friend (not Dave!)

Mens x/c report

We had 12 men on the start line of the second Complete Runner league race at York. Dave Westhead led the team home in 50 th. position. It was great that we fielded a team again although we finished 8th (6th at Nunroyd). The next is another local course at Northcliffe Park, so we should have good support again. Will be soon collecting names for the championships races which start with the county champs., at Wakefield on January 7th.

LADIES CROSS COUNTRY REPORT

We again had a good turn out of 12 ladies at the 2nd WYXC league at York. We are mixing it really well with the top flight: having been 5th team at Guiseley we took 4th team at York behind Leeds City (who appear to have recruited a large number of fast young ladies - students?!), Holmfirth and Skyrac who have a surprised us with the strength of their ladies many of whom are youngsters who have moved up from the juniors. We were chuffed to beat Bingley and we continue to hold off Keighley and Wharfedale as per my pre-season target.

Sally Morley, Emma Barclay and i had very pleasing runs and it was great to see newcomer Helen Thurston improving from 41st at Guiseley to 27th to become our key 4th scorer.

With 12 running we completed a B, and a C team and i have been asked to flag up their efforts. They did us proud but sadly the League does not calculate such scores so i am unable to say how well they did in relation to other clubs, which is a pity. Perhaps we should prompt the league to include B team results as i feel its a great motivator to members of large squads. If i have time!!... i'll calculate myself and put on News page.

Junior committee report

Since the last report we have had the second CR XC event at York. Again a fantastic turnout of 35 juniors despite it being over half term. Two outright winners - Francis Westhead and Georgia Malir and 5 team placings (U11 boys - 1st; U11 girls - 4th; U13 girls - 3rd; U15 girls 5th and for the first time ever an U15 boys team placing in 5th place). We are looking forward to the two remaining fixtures which should attract even more out racing. At the Withins Rat Runs we had 19 juniors which must also be some sort of record. Some brilliant individual performances but most of all lots of fun, fancy dress and chocolate! We have had a Coach and athlete development session at Leeds where the sessions were on javelin, discus, speed efficiency and core strength. And we have had a planning session with our junior leaders who are organising and running a sportshall athletics 'Come and Try it' and competition for their final assessment in December at Richard Dunn.